

2009 SLO Acrobatic Spectacular

Saturday, March 28, 2009

4:00 PM	4:30 PM	Doors Open
4:30 PM	5:00 PM	Session A General Warm Up
5:00 PM	5:15 PM	Opening Ceremonies
5:15 PM	7:15 PM	Session A
		Level 4 (WP 11U)
		Level 6 (MxP 12-14)
		Level 8 (WP 15-16, 17+, MP 17+ Dynamic)
		Level 8 (WG 12-14, 15-16 Balance)
		Level 8-I (WP Dynamic; WG Balance)
		Level 9 (WP 16U, 17+ Dynamic; WG 17+ Balance)
		Level 10 (MxP Balance; WG Balance)
		Jr. / Sr. Elite (MxP Dynamic; WG Balance)

Sunday, March 29, 2009

8:30 AM	9:00 AM	Doors Open
9:00 AM	9:30 AM	Session B General Warm Up
9:30 AM	9:45 AM	Opening Ceremonies
9:45 AM	11:15 AM	Session B
		Level 5 (WG 11U)
		Level 6 (WP 11U, 12-14, 15-16, MP 12-14, WG 12-14)
		Level 7 (WP 12-14, 15-16, MP 11U, WG 12-14, 15-16, 17+)
11:15 AM	11:45 AM	Session C General Warm Up
11:45 AM	1:45 PM	Session C
		Level 5 (WP 11U, 12-14, MxP 12-14, WG 12-14)
		Level 6 (WG 15-16)
		Level 7 (WP 17+)
		Level 10 (MxP Balance; WG Dynamic)
		Jr. / Sr. Elite (MxP Balance; WG Dynamic)
1:45 PM	2:15 PM	Session D General Warm Up
2:15 PM	4:00 PM	Session D
		Level 8 (WP 15-16, 17+, MP 17+ Balance)
		Level 8 (WG 12-14, 15-16 Dynamic)
		Level 8-I (WP Balance; WG Dynamic)
		Level 9 (WP 16U, 17+ Balance; WG 17+ Dynamic)
		Level 10 (MxP, WG Combined)
		Jr. / Sr. Elite (MxP, WG Combined)
4:00 PM	4:30 PM	Session A, B, C & D Awards Ceremony

The above times are approximate. Sessions may start earlier than anticipated. Coaches, please have your athletes on site at least 45 minutes prior to scheduled warm-up and award ceremonies.