

# CCE Team Info Packet for the 2019-2020 Competitive Season

## Welcome Letter

### **About Central Coast Elite**

Thank you for choosing Central Coast Elite! We are a part of Central Coast Gymnastics Sports Center as one of their competitive programs. CCE has been a premier cheer team on the Central Coast since 2006. Our coaches are experienced, USASF certified, passionate, and hardworking individuals who take pride in their jobs and the athletes that they coach.

### **MISSION STATEMENT:**

Central Coast Elite exists to be a positive experience for all of our cheerleaders and families. Our mission is to instill strength, flexibility, and teamwork in all of our athletes while helping them develop self-esteem, confidence, and a healthy lifestyle. Our program prides itself on excellence in all aspects of the sport of cheerleading. We will settle for nothing less than excellent training, excellent performing, and excellent attitudes from everyone in our program.

- ★ We strive for our athletes to be successful as individuals in the sport of competitive cheer while also learning teamwork through our many scheduled bonding activities. They will learn about hard work, dedication, goal setting, and focus on the importance of leadership. They will take away many lifelong lessons and friendships that will guide their future.
- ★ Some of the lifelong lessons that they will take away from participating in CCE: listening, following directions, working together, problem solving, dealing with different personalities, dealing with frustration, building confidence, getting the satisfaction of a job well done, seeing hard work pay off, learning persistence, handling criticism, learning how to lose- being a good sport, being depended on and depend on others, supporting one another, time management, personal responsibility, performing in front of an audience, trying new things, challenging yourself to do something unfamiliar, hard, or uncomfortable, being part of something bigger, and enjoying success.

### **2018-2019 Season Recap**

CCE had another super successful season with all 4 of our teams. We are very proud of the growth and success of each of our teams this season as well as each individual athlete. Our 3 All Star teams had the regular challenges each season consisted of but more than ever did the teams come together and became stronger from it. It wasn't easy, but it was so worth it. We have loved watching their journey and we are happy to say that every team exceeded our expectations from the beginning of the season. Our teams scored higher and hit more zeros this season than ever before and were very successful with their routines even early on in the season. Our newest prep team, Peach, had a great season, most being knew to competition cheer and mastering their routine and level 1 stunting and tumbling skills. We are so proud of all their growth together this season.

Our goal this season as a program was to enjoy the journey and really be present for each moment of each experience. We knew to stay positive in rough times because everything would work out how it was supposed to. Being in a team sport it is hard sometimes you don't have control of others, but this teaches patience and makes us go outside of our comfort zone a bit to make things work when needed. We had some really great opportunities this season and talked a lot about not taking anything for granted. Through these experiences and opportunities, we learned that even the hard times were important to get us where we wanted to be. For the 3<sup>rd</sup> year in a row, CCE had a team invited to the D2 Summit in Florida in May which is the most prestigious cheer competition to be invited to AND this year we actually had 2 teams invited for the first time! We are super proud of our athletes for giving it their all throughout this journey and for making the climb.

Overall, we had so much fun with our CCE Family! All of our athletes came together and had a successful season, they made us coaches very proud. The bond that these athletes made this season and the friendships that were formed is indescribable and so special. We are very excited to see what they all will accomplish next season.

### **2019-2020 Season Outlook**

With a very successful previous season, we strive to continue on this path and attain even more success and growth. Not only do we want each team to be successful in the 2019-2020 season, but we are looking forward to all of the fun and the friendships that also comes with being a part of our FAMILY. **This is a big commitment**, so please look over all of this information before making the decision to be a part of CCE. Welcome to our Team Evaluations, best of luck to all of you!

### **Gym Contact Information**



**Central Coast Gymnastics- Central Coast Elite**  
**Located in GYM #2**  
**21 Zaca Lane #100, San Luis Obispo, CA 93401**  
**Call: 805) 549-8408 Email: [cce@iflipforccg.com](mailto:cce@iflipforccg.com)**



# Central Coast Elite

## 2019-2020 Season Team evaluations

### Team Evaluation Schedule:

**Clinics:** Tuesday May 28<sup>th</sup>, Wednesday May 29<sup>th</sup> and Thursday May 30<sup>th</sup>

Ages 5-11 4:00-6:00pm

Ages 12-18 6:15-8:15pm

**Evaluation Day:** Saturday June 1<sup>st</sup> Team Evaluations

All ages- 12:30pm-3:30pm

### Turn in during Week of Evaluations by 5/30:

- Athlete Profile Information
  - Head Shot or School Picture
  - Copy of your birth certificate- new members only (All cheer competitions need verification of age)
  - New Athletes- Tryout Fee= \$45 to CCG to participate in the week of Team Evaluations.
    - Once you get your team placement, CCG's Annual Registration Fee (\$40) and June Tuition\* will be due.
    - \*June Tuition cost is based on placement, see table on next page
  - Athletes currently enrolled in CCE- Tryout Fee= \$25  
(This fee will be waived if you Bring A Friend that signs up for CCE)
- 

### What to wear during Team Evaluations/Clinic Week (5/28, 5/29 & 5/30):

- White Tennis Shoes
- Athletic Shorts
- T-shirt
- Hair pulled back neatly into a single ponytail. Bangs pulled back with all hair out of the athlete's face.
  - Bows Recommended.
- No jewelry of any kind, including earrings of any kind, silly bands, necklaces, rings, hair ties on the wrist, or any sort of bracelet.

### **Team Evaluations-The coaches/judges will look at the following throughout the week:**

- **Attitude**
- **Ability to make corrections**
- **Work Ethic**
- **Listening Skills**
- **Flexibility (physically and mentally)**
- **Tumbling (standing/running)**
- **Motions**
- **Variety of Jumps**
- **Dance**
  - **Motions, jumps, and dance will be taught at the tryout clinics.**
- **Stunts**

## USASF Age Divisions (as of August 31, 2019)

**Tiny** (5- 6 years old) **Mini** (5-8 years old) **Youth** (5-11 years old) **Junior** (5-14 years old) **Senior** (11-18 years old)  
**Open/International** (14+ as of Dec. 2020)

### Levels

There are 5 possible levels that our teams would compete next year, ranging in difficulty from 1 to 5. The “level” refers to the type of stunts, tumbling, and pyramids that a team can safely perform. Our teams’ levels will be determined solely by their coaches, and may be changed at any time.

We will also be offering an All Star prep level 1 team. This team will be a great introduction to All Star cheer and a way to perfect the fundamentals before joining one of our higher competitive teams. **For more information regarding our Prep program, please see this last page of this packet.**

**CCE Team Placements-** All athletes are placed on a team at the discretion of the coaches. Age, experience & ability all factor into placement. We will be making team levels based on the majority of the level/age group of the athletes at team evaluations. Please understand that athletes may be repositioned, moved or replaced at any time in the season at the discretion of the coaches. Changes are only made to benefit the athlete and the team as a whole. Every athlete is on the team because of their strengths - please trust the coaches. Our teams have always done very well! If you have any questions or concerns, please email to set up a meeting with us.

### Results

Team Rosters will be emailed to you no later than **Sunday, June 2<sup>nd</sup>, 2019 by 6:00pm.**

For those athletes who need a little more experience, we will offer 3 options: (1) a spot on our All Star prep team if age eligible, (2) a Performance Cheer Class or (3) a Cheer Tumble Class, which will serve to increase their skills throughout the year, and give many athletes the option to join a competitive team once their skill level is achieved. This is at the sole discretion of the CCE Cheer Director and coaches.

**\*\*ALL teams will begin scheduled practice the next week after evaluations either Mondays/Wednesdays or Tuesdays/Thursdays.**

### 2019-2020 CCE All Star Practice Schedule

**Practice schedule days/times will be determined after team evaluations. Our teams will practice 2 nights a week with 1 tumbling day\*.**

\*Prep/Open team will not have the 1 tumbling day. However, it may be added at parent’s choice, for a discounted rate.

★ Practices may be changed or added at any time during the season.

LEVEL	TEAM HOURS/DAY x 2 DAYS	TUMBLING HOURS/WEEK (1 DAY)	TOTAL HOURS/WEEK	MONTHLY TUITION PRICE
PREP	1.5	X	3	\$138
Mini 1 or Youth 1	1.75	1.5	5	\$184
Junior 1 or Senior 1	2	1.5	5.5	\$191
Level 2	2	1.5	5.5	\$191
Level 3	2-2.5	1.5	5.5-6.5	\$191-\$210
Level 4 or Level 5	2.5-3	1.5	6.5-7.5	\$210-\$220
OPEN	2.5-3	X	5-6	\$184-\$200

\*\*Questions about tuition pricing, please email the owner- Mimi at [mimi@iflipforccg.com](mailto:mimi@iflipforccg.com)

\*\*Practice Attire will also be set soon after tryouts which will then need to be purchased.

- ★ **Tumbling-** CCE All Star Teams will have tumbling training included in their monthly tuition. Tumbling will be on an additional day of the week for all athletes. Tumbling is a crucial part of competitive cheerleading and will help each of our athletes progress their individual skills at a quicker rate. If the athlete’s team is practicing on Monday/Wednesday, most likely their tumbling will be a Tuesday or a Thursday. If the athlete’s team is practicing on a Tuesday/Thursday, most likely their tumbling will be a Monday or a Wednesday. You may choose what day you want to pick for tumbling OR you can choose to attend both tumble option days. If you choose to add a 2<sup>nd</sup> tumble day, your monthly tuition will be increased.
  - **Make Ups-** If you miss a practice or tumbling, you can do a make up in the other day of tumbling. Please schedule your make up ahead of time with Aly to make sure there is enough space.
- ★ **Missing Practices-** Team practices are mandatory to attend from team evaluations all the way through the last competition in April/May. Only time missing practice is excused is if it is an excused absence- contagiously ill, death in the family/family emergency, or a school graded event/assignment. Summer practices are a little more flexible for planned vacations- out of town, but dates gone must be turned in by

**June 14<sup>th</sup>.** If you do miss practice and it is unexcused from June-November, there is a missed practice fee of \$30. If you miss practice during the competitive season between December-April/May, there is a missed practice fee of \$50. If you miss tumbling, there will be no charge, but we recommend you attend tumbling weekly/consistently and try not to miss regularly.

- ★ **Larkins Skills Camp: June 29-June 30<sup>th</sup>, Ashley and Jason Larkins from American Cheer will be here for 2 full days to work with our program.**

The Larkins came last year twice and worked with all 3 of our All Star teams in June and back in February to teach our athletes drills/skills and then clean our routines for national season! They are awesome and have great, positive energy! **Each team will do 6 hours total of stunt drills, technique, and skills.** This will be for all team members to attend. **Cost will be around \$170 for the 6 hour skills camp.** More info. to come, we are still working out all the details.

- ★ **Extra Summer Camp:**

- Optional: Woodward West Camp for a week- CCE athletes that want to attend Woodward will be going together Week #10: August 4<sup>th</sup>-10<sup>th</sup> with Coach Aly. We have a group of athletes so far attending and more are welcome to sign up. If you are interested, sign up online at [www.woodwardwest.com](http://www.woodwardwest.com) under Cheer, Week 10, and make sure you write that you are with CCE! If we get 10+ CCE athletes to go, each of you get a \$100 off! You also get \$100 off for 1<sup>st</sup> time campers!

### **2019-2020 Mark Your Calendars:**

**Tuesday, Wednesday, & Thursday, May 28<sup>th</sup>-May 30<sup>th</sup>:** Team Evaluation Clinics- the athletes will learn the material that they will be judged on at the actual team evaluation day; they will be given the opportunity show their stunting abilities; and we will be looking for girls to demonstrate good attitudes and teamwork.

**Saturday, June 1<sup>st</sup>:** Team Evaluation Day, All Ages 12:30-3:30pm. Team placements will be emailed out by Sunday, June 2<sup>nd</sup> at 6:00pm.

**Monday/Tuesday, June 3<sup>rd</sup>/4<sup>th</sup>:** Start of 2019-2020 Season Team Practices!!

**Wednesday, June 5<sup>th</sup>:** Welcome **Parent Meeting New CCE Parents at 5:30pm, Returners at 6:15pm!**

**Rest of June:** Practice wear and Uniform Sizing and ordering, fun Team bonding activities, and regular team practices where we will be working on basics, conditioning and individual tumbling as well as team level stunting and jump sequences.

**June 29<sup>th</sup> – June 30<sup>th</sup>:** **Saturday & Sunday Skills Camp with Larkins** for All-Star team members!! Each team will do 6 hours total between the 2 days. More details to come.

**July-October:** Conditioning, Skill Building, individual tumbling skills, tumble clinics, Skill/Routine Choreography, Performances, and fun team bonding activities.

**September-** 3 days of Mandatory Choreography. Dates will depend on our NEW choreographers schedule. More details to come.

**October- April:** COMPETITION SEASON!! Skill building, revision of routine material, and perfection of routine material.

**PLEASE NO** vacations/absences during this time (unless the gym is closed- see next page).

**November: Prep Choreography #1**

**December-April:** Traveling to Competitions. We will be going to 6-8 competitions in California/Vegas/Texas throughout this time. We are currently working on the competition schedule and it should be out by August!

**January: Prep Choreography #2**

**February- April:** Prep team competition Season. We will be going to 3-4 1-day local competitions within approximately 4 hour drive maximum throughout this time. We are currently working on the competition schedule and it should be out by August!

**May: End of Season Competition- Either D2 Summit in Florida if team is awarded a bid or another end of season event.** Team Awards Banquet. Conditioning, team bonding/fun activities, skill building and maybe some Performances around town.

**May/June:** Team Evaluations for 2020-21 season.

\*\*\*Summer Bonding/Fun Dates will be passed out at the Welcome Parent Meeting!

### **2019-2020 Gym Closed/No Practice Dates:**

**July 3<sup>rd</sup>-7<sup>th</sup> Wednesday- Sunday** - No practice for 4<sup>th</sup> of July weekend!

**July 19<sup>th</sup> – July 28<sup>th</sup> week:** NO Cheer Practice! Try to plan vacations, and excursions to the fair during this time!

**November 27<sup>th</sup> –December 1<sup>st</sup>** (Wednesday-Sunday): Gym Closed for Thanksgiving Break. No practice!

**December 20<sup>th</sup>-January 1<sup>st</sup>** (Friday- the following Wednesday): Gym Closed for a week and a half for Winter Break. Normal practice will resume on Thursday, January 2<sup>nd</sup>. Please plan your winter break vacations for these days off. We will practice with the teams multiple days/times Jan. 2<sup>nd</sup>-5<sup>th</sup>, Thursday- Sunday when we return from break to make up our practices from over break. We most likely will have a competition soon after we return from break.

## Financial Commitment:

- **Monthly Tuition:** is due on or before the first of the month. There is a \$15 late fee if payment is received after the first. Monthly Tuition will be based on how many hours a week the team is in the gym, and ALL Star tuition will range from \$184-\$220 per month. We suggest you join the auto-pay program at the gym, so you avoid the \$5 non-auto pay charge and never accrue a late fee.
- **Team fees:** will be distributed approximately 4-5 times throughout the year (usually due between June and December), and will cover costs including (but not limited to) competition registration fees, coaches expenses, coaches trainings, banquet and more. Each team fee ranges from \$300-\$400.
- **Travel:** We travel to 6-8 competitions a year between December and April mostly in California and Vegas. This year we may take a couple teams to NCA Dallas, however, NCA's rule is no crossovers allowed so teams brought cannot have crossovers. Expenses to think about for competitions: travel there and back, stay in hotels for the weekend, food, and spectator entry fees to get into the competition.
- **Choreography & Team Music- Dates and times TBA-** This will be in September sometime during a week in the afternoons or on a weekend and each team will have 3 six hour Choreo sessions total- exact times/schedule for each team TBA. This is where they learn their routine for the competitive season with a new choreographer. This fee will range from \$350-400 depending on the choreographers cost to create and teach them their routines, the cost of the music and how many athletes are on each team to split these costs.
- **Uniform-** We will be getting a new uniform for this season. Fittings for uniforms for ALL members will take place sometime during June of 2019. The uniform (including top and skirt/shorts) cost will be \$350-\$400. There will be no used uniform options this season since we are ordering a program wide new uniform.
- **For Team Fees, uniform, and choreography fees- 2 days after the fee is due, if the payment is not received, there will be a \$10 late fee (There will be one grace day).**
- **Drop Fees:** There will be a \$250 fee for breaking the team contract and quitting the team after or during choreography. A fee of \$100 will incur if the athlete quits in between camp and choreography. These fees will help to offset the financial burden on the rest of the team families that occurs when a team member drops out mid-season.
- **Shoes, Bows, Make-up, Sweats**
  - **SHOES-** NEW pair of shoes for the season (approximately \$100) that they wear to practice and every competition- but will avoid walking outside with them on. You may have to get one pair for practice and then one pair for competition as they wear them a lot and it is there only piece of equipment!
  - **BOWS/Hair pieces-** Two competition bows/hair pieces for each day of competition will range total around \$50-65.
  - **MAKE-UP-** Buy on own- smokey eye shadow, glitter, lipstick, etc. Will give out more details later.
  - **CCE Jackets-** These are optional but very cute and nice to have for events and competitions- cost is \$100.
- **Additional Attire and Equipment-**
  - **Practice Wear-** We will be ordering new practice shirts soon after tryouts. Our CCE practice clothes consist of 2 practice shirts (You purchase your own practice shorts). They will wear these throughout the season to practices, camps, choreography and performances. Practice shirts are about \$45 for 2.
  - **Sports Bra/Spanks-** All girls will be required to wear sports bras and spanks with all practice attire. We will be purchasing a CCE program sports bra and spanks that all the girls will have and may be asked to wear this set at specific times throughout the year. This set will cost around \$60. For regular practice, the girls can wear any of their CCE sports bras or any black sports bra. If they choose to keep their practice shirts on the whole practice, any sports bra is fine.
  - **Added Optional Attire-** There will be other CCE gear (sports bras, shorts, fitted tanks, capris, as well as other fun gear etc.) available for purchase. We will have pictures and pricing of these items so you can see if you want to purchase any of the optional attire.

**Commitment:** This sport requires a special financial, physical and time commitment for families and the athletes. This sport is not for everyone or every family. When you commit to the team, you are committed until the end of the season at the end of April/May. If you and/or your child cannot fulfill the financial, physical or time commitment, a meeting may be set up to discuss your future in the program.

**\*\*At any point in the season, the team of coaches may decide to add a qualified athlete to a team or remove an athlete from a team, if we feel it will benefit the team and/or program as a whole.**

## Athlete Profile

Athlete's Name \_\_\_\_\_ Athlete's Age as of 8/31/19 \_\_\_\_\_  
Athlete's Date of Birth \_\_\_\_\_ Athlete's Grade as of Fall 2019 \_\_\_\_\_  
Athlete's Email (if Applicable) \_\_\_\_\_  
Parent's Name(s) \_\_\_\_\_ Parent's Email \_\_\_\_\_  
Parent's Cell Number(s) \_\_\_\_\_  
Home Address \_\_\_\_\_  
Child's Health Insurance Company Name \_\_\_\_\_  
Child's Health Insurance Policy # \_\_\_\_\_

Please Indicate what program you are interested in: **ALLSTAR**    **PREP**    **EITHER**

Please list any past cheer experience or related information/activities:

Please list important dates you know you will be missing throughout the season (June 2019-April 2020):  
(These will not necessarily be excused, but will help us in planning throughout the year)

Are you interested in being a crossover for the 2019-2020 season, if you are eligible? A crossover is someone who competes on 2 teams because their skill and/or age allows them to. If chosen to be a crossover, the athlete will have longer practice times.

**Yes**    **No**

### Tell us about your skills...What is your experience being a (if any):

Base \_\_\_\_\_  
Backspot \_\_\_\_\_  
Flyer \_\_\_\_\_

### **What are your hardest tumbling skills (that you can do by yourself on the floor):**

Standing Tumbling \_\_\_\_\_  
Running Tumbling \_\_\_\_\_

**Please list any allergies, prior injuries, or any medical conditions that that could affect the athlete:**  
(Will not be used as a determining factor in child's placement)

### Please circle your clothing sizes below:

**T-SHIRTS:** YS YM YL AS AM AL AXL

**SHORTS:** YS YM YL AS AM AL AXL

**SWEATSHIRT:** YS YM YL AS AM AL AXL

### **Parents, please read the following carefully!**

I have read and fully understand all of the information for Central Coast Elite All-Star Cheerleading Program as stated above, including the physical, financial and time commitment that this sport requires. I give my child permission to try-out for the 2019-2020 Central Coast Elite Teams. I understand that the sport of cheerleading is a dangerous sport, and will not hold Central Coast Elite, Central Coast Gymnastics Sports Center, its owners, facilities or employees liable for any injury incurred as a result of my child's participation in the clinic or tryout. I sign this release form freely.

**Parent Signature x** \_\_\_\_\_ **Date** \_\_\_\_\_

**Athlete Signature x** \_\_\_\_\_ **Date** \_\_\_\_\_

**CCE ALL STAR PREP 2019-2020 Season**

Central Coast Elite is excited to announce the continuation of an All Star Prep program to our 2019-2020 season! This program is designed for athletes who are just getting started with All Star cheer, and may not be able to make the financial or time commit, and the intensity of our competitive All Star Elite teams. With the way that USASF has redesigned its format, Prep is still competitive program in that they will receive placements and scores at competitions but is focused more on building those fundamental skills to prepare for the intensive or more elite and competitive teams. This prep program will practice only 3 hrs per week, compete as locally as possible at about ½ the number of competitions as our All Star Elite program, and events will be only 1-day of performance thus lower travel costs/ expenses.

**USASF AGE (as of August 31, 2019) and LEVEL:**

**Tiny** (5- 6 years old) **Mini** (5-8 years old) **Youth** (5-11 years old) **Junior** (5-14 years old) **Senior** (10-18 years old)

This team will be competing in level 1, which will indicate the type of skills they will be able to perform in their routine. The age grouping (i.e. Tiny, Mini, Youth, etc.) will be determined by the sole discretion of CCE director and coaches, and will be chosen to make the team as successful as possible.

**TEAM PLACEMENTS & RESULTS:**

Those interested in Prep, will still be required to participate in team placements. We will be making team levels based on the majority of the level/age group of the athletes. Please understand that athletes may be repositioned, moved or replaced at any time in the season at the discretion of the coaches.

Team Rosters will be emailed to you no later than **Sunday, June 2<sup>nd</sup>, 2019 by 6:00pm.**

For those athletes who do not seem ready for our All Star Prep program or do not meet age eligibility for the success of the team, we will offer 2 options: a Performance Cheer Class or a Cheer Tumble Class, which will serve to increase their skills throughout the year, and give many athletes the option to join a competitive team once their skill level is achieved. This is at the sole discretion of the CCE Cheer Director and coaches.

**\*\*ALL teams will begin scheduled practice the next week either Monday/Wednesday or Tuesday/Thursday.**

**2018-2019 CCE All Star Prep Practice Schedule**

**Practice schedule days/times will be determined after team evaluations. Our prep team will practice 2 nights a week.**

★ Practices may be changed or added at any time during the season.

LEVEL	TEAM HOURS/DAY x 2 DAYS	TUMBLING HOURS/WEEK (1 DAY)	TOTAL HOURS/WEEK	MONTHLY TUITION PRICE
PREP	1.5	X	3	\$138

- ★ **Tumbling**- Although not required, prep athletes may add a night of tumbling, however your monthly tuition will increase.
- ★ **Missing Practices**- Team practices are mandatory to attend from team evaluations all the way through the last competition in April. Only time missing practice is excused is if it is an excused absence- contagiously ill, death in the family/family emergency, or a school graded event/assignment. Summer practices are a little more flexible for planned vacations- out of town, but dates gone must be turned into Aly **at least two weeks in advance**. If you do miss practice and it is unexcused from August-January, there is a missed practice fee of \$15. If you miss practice during the competitive season between February-April/May, there is a missed practice fee of \$25.

**Financial Commitment:**

Below you will find the financial commitment for the season. All values are approximate costs and are subject to change at any given time.

<b>Monthly Tuition (June-April/May):</b>	<b>\$138/month</b>
<b>Team Fees (4-5 installments June-December):</b>	<b>\$150/ each approx.</b>
<b>Choreography (2 sessions November &amp; January)</b>	<b>\$250 total approx.</b>
<b>Music</b>	<b>Included in choreo costs</b>
<b>Uniform- top and shorts (fittings Summer 2019)</b>	<b>\$125 approx.</b>
<b>Shoes</b>	<b>\$40.00 approx.</b>
<b>Bow</b>	<b>\$30 approx.</b>
<b>Practice Wear (2 tshirts, practice set- fitted tank or sports bra and shorts)</b>	<b>\$80 approx.</b>

- **Monthly Tuition:** Due on or before the first of the month. There is a \$15 late fee if payment is received after the first. We suggest you join the auto-pay program at the gym, so you avoid the \$5 non-auto pay charge and never accrue a late fee.
- **Team fees:** Will cover costs including (but not limited to) competition registration fees, coaches expenses, coaches trainings, sometimes banquet and other season expenses.
- **Travel:** Prep will travel to 3-4 competitions a year between December and April mostly within an approximately 4 hour drive maximum to the location of the competition.

- **Choreography:** The prep team will have choreography done in house, it will be scheduled for 2 two hour blocks for each choreography session exact times/schedule TBA. Each team will work with an in house choreographer/coach to get skills, stunts and choreography for the season.

**For Team Fees, uniform, and choreography fees- 2 days after the fee is due, if the payment is not received, there will be a \$10 late fee (There will be one grace day).**

- **Drop Fees:** \$250 after Choreography #2 and \$100 between Choreography #1 and #2. These fees will help to offset the financial burden on the rest of the team families that occurs when a team member drops out mid-season.
- **Additional Attire and Equipment-**
  - **MAKE-UP-** Prep athletes will be asked to wear basic make up- mascara, blush and red lipstick to competitions. More information to come!
  - **Added Optional Attire-** There will be other CCE gear (sports bras, shorts, fitted tanks, capris, as well as other fun gear etc.) available for purchase. We will have pictures and pricing of these items so you can see if you want to purchase any of the optional attire.